

A YOUTH SYMPOSIUM

In search of system change through innovation

2013

INDEX

A.	INTRODUCTION	Page 1
B.	<i>Laying the ground work for synergy ...</i> WHAT ARE THE KEY INGREDIENTS FOR SUCCESSFUL COLLABORATION?	Page 2
C.	<i>It all starts with relationship building ...</i> WHAT CONDITIONS SUPPORT TRUST AMONG AGENCIES?	Page 4
D.	<i>What's possible when we work together ...</i> PRIORITY AREAS OF COLLABORATION – STRATEGY PLANS	Page 5
	I. Engaging Youth in Building Solutions	
	II. Connecting Community to Youth	
	III. Inter-agency Communication/ Information Portal	
	IV. Access to Existing Recreation Programs	
	V. Transportation and Housing to Support Homeless and Youth at Risk	
	VI. Leading from the Frontline	
E.	THE FINAL WORD	Page 14

APPENDIX A

Youth Symposium Attendees

APPENDIX B

Whois Missing from the Symposium?

APPENDIX C

2013 Youth of Muskoka Service Directory& Summary of Poster Board Sharing

APPENDIX D

2013 Youth of Muskoka – Resource – Information Shared by Participants and External Sources

APPENDIX D:

Pre-symposium online survey summary ... Analysis of Responses

What is WORKING WELL? What can we build upon?

What are the GAPS in service?

What would ADDRESS THESE GAPS?

What are desired SYMPOSIUM OUTCOMES?

A INTRODUCTION

Approximately 70 youth services staff from across the District of Muskoka responded to the call for a day of networking and collaborative planning on February 13, 2013 co-hosted by the District Municipality of Muskoka Community Services (DMM) , and Family, Youth and Child Services of Muskoka (FYSCM).

District Commissioner Rick Williams and FYSCM Executive Director Marty Rutledge opened the Symposium by stressing the importance of agencies and organizations working together to address the challenges facing our community. The increasing pressures upon youth are great especially at this time of prolonged economic decline when prospects for positive change and opportunity are limited. Service responses are often 'stop gap' in nature. Symposium participants were challenged to feed from the ideas and energy of their colleagues to design innovative approaches that will empower, refresh, and lead to real change for youth within the service system.

“Muskoka is relatively more challenged than the rest of the province and even more so in the last five years. You can see it in the faces of those we interact with.”
R. Williams, DMM

The urgent need to support youth in Muskoka means change is needed now. As resources are stretched, collaboration is essential. Senior leaders are working to build trust and anticipation for change. The goal of this Symposium is to stimulate a culture of collaboration ... and ultimately, a movement for change among frontline workers and managers that will complement an emerging commitment to collaboration expressed by senior leaders within the youth services system of Muskoka.

“We need pressure from the frontlines to do things differently ... to innovate.” M.Rutledge, FYSCM

Why Care? What do youth contribute to our community?

- Optimism & energy
- Innovation & creativity
- Challenge & spunk
- Fresh ideas & perspectives
- Fearlessness & openness
- Enthusiasm & fun
- Entitlement & expectation
- Future focussed
- Life**Can you imagine a healthy community without these?**

B *Laying the ground work for synergy ...*

WHAT ARE THE KEY INGREDIENTS FOR SUCCESSFUL COLLABORATION?

WHAT DOES SUCCESSFUL COLLABORATION LOOK LIKE?	WHAT ARE BARRIERS TO SUCCESS?
<ul style="list-style-type: none"> ✚ Open, multi-channelled communication ✚ Strong relationships ✚ Supportive atmosphere ✚ Clear, shared vision and goals ✚ Trust and respect for differing mandates ✚ Embracing ALL resources ✚ 'Wrap around' services ✚ Holistic approaches ✚ Knowledgeable staff ✚ Youth focussed – going to the client ✚ Successful, funded proposals 	<ul style="list-style-type: none"> ✚ Pressures of time,resources, and space ✚ Conflicting or divergent mandates ✚ Agency rather than youth focus ✚ Confidentiality requirements ✚ Poor communication and clarity of roles ✚ Lack of common professional language ✚ Long wait lists ✚ Community suffering from poverty ✚ Staff burnout and turnover ✚ Large geography served & lack of transportation ✚ Absence of high level service planning ✚ Loss of volunteers due to lack of variety ✚ No up-to-date service directory ✚ Resistance from clients ✚ Unsustainable expectations
<p style="text-align: center;">Think 'relay race' ... Pass the baton effectively & successfully</p>	

WHAT ARE THE KEY INGREDIENTS FOR SUCCESSFUL COLLABORATION

- ✚ Communication: **Effective, clear, inclusive**
- ✚ Networking: **Ample opportunities**
- ✚ Roles and responsibilities: **Clearly articulated; Flexible roles; A mandate to collaborate; Senior management support**
- ✚ Agreements: **Third party; Sharing of resources ; Authority to problem-solve**
- ✚ Continuity: **Investment in relationships respected; Continuity of agency staff; Succession planning**
- ✚ Resources: **Adequately assigned**
- ✚ Knowledge: **Thorough understanding of the system and services; Updated directory of contacts, programs and resources**
- ✚ Youth involvement: **Engaged in planning and implementation**
- ✚ Team approach: **Include broad community involvement**
- ✚ Culture: **Trust and acceptance; Respect and collaborative; Inclusiveness; Perseverance; Openness to change; Flexibility; Tolerance for risk, diversity, creativity and innovation; Passionate commitment to the collaborative**
- ✚ Good humour and breaking bread together

COMMUNICATION ... COMMUNICATION ... COMMUNICATION

C **Collaboration starts with relationship building ...**

WHAT CONDITIONS SUPPORT TRUST AMONG AGENCIES?

***Note how the ingredients for collaboration are closely aligned with trust-building**

CRITICAL FACTORS & CREATIVE STRATEGIES TO FOSTER TRUST	
RELIABILITY & AUTHENTICITY:	A clear demonstration of commitment and willingness to learn and follow through; Maintain high levels of professionalism – honesty, respect, openness, and transparency; Reflect and learn from what has worked in the past; Be non-judgmental; Leave past issues behind; Be knowledgeable about services and people; Develop personal relationships with team members and the community; Don't hold on to disappointments or disagreements; Be accountable; Be empathetic - aware and sensitive to individual situations, Be a good listener; Know your strengths and limitations; Model exemplary leadership
CLARITY:	Clear understanding of collaborative roles and their implications; Available services and resources
YOUTH FOCUSED:	Go to where the youth are both literally and figuratively; Ask questions and listen to what they want and need; Recognize the validity of youth perspectives; Ensure basic needs are met (food, clothing, housing, safety); Establish a youth strategy that is ongoing and youth-driven
SOLUTION-ORIENTED:	Deal with issues as they arise; Develop protocols; Build in conflict resolution skills and forums; Delegate a 'lead' charged with requesting additional support as required
COMMUNICATIONS & NETWORKING:	Communicate frequently taking time for 'face to face' meetings; Keep all of the team 'in the know'; Use video-conferencing on a regular basis; Invite in the community, media, politicians; Be information oriented
NETWORKING:	Establish relationships before crisis arises; Offer range of opportunities - coffee time, community breakfasts, social events, professional development, agency shadowing; Host agency fairs for information exchange – try 'speed networking'; Shared training; Continue to host youth symposiums
COMMON GOALS:	Find common goals among agencies with differing mandates and funding sources; Break through the silos
INTEGRATION:	A system that brings agencies/ services together and addresses duplication
WEBSITE & ONLINE TOOLS:	A common resource for information and sharing eg. Muskoka Community Information; Maintain updated resource and agency lists – a friendly directory; Use social media tools and online resources eg., International Association of Professional Facilitators collaboration process tools
CONSISTENCY & SUSTAINABLE:	Plan for sustainable, consistent and long term service; Plan for staff turnover to ensure relationship transition
REMOVE THE STIGMA:	Take a community approach; Host community forums; Host youth forums
CELEBRATE SUCCESS:	Recognize successes, organize inter-agency seasonal events, fund-raising galas

D *What's possible when we work together*

PRIORITY AREAS OF COLLABORATION – STRATEGY PLANS

The following priority areas were identified by participants through a pre-Symposium online survey. Through small group sessions, an action strategy to address each of these priorities was outlined.

- I. Engaging Youth in Building Solutions**
- II. Connecting Community to Youth**
- III. Inter-agency Communication / Information Portal**
- IV. Access to Existing Recreation Programs**
- V. Transportation and Housing to Support Homeless and Youth at Risk**
- VI. Leading from the Frontline**

I. ENGAGING YOUTH IN BUILDING SOLUTIONS... An action strategy

PRIORITY:	Co-create an inclusive environment where all youth feel heard, valued, empowered, and supported in order to meet their needs and create their own agency
INGREDIENTS:	<ul style="list-style-type: none"> Good data Appropriate technology (using what the youth use) Honorariums (eg. Tim Horton cards) Steering committee of youth
FIRST STEPS:	Identify youth ... start with kids in school, youth already engaged and reach out from there
WORKING GROUP VOLUNTEERS:	Hannah Lin, YWCA
CHAMPIONS:	Wanda Hunt – The Door Huntsville Youth Centre
WHO NEEDS TO BE INVOLVED:	<ul style="list-style-type: none"> Potential researchers (Georgian College) Local school boards Rotary Clubs Education Society Community Agencies Municipal Governments Youth CAN
RESOURCES REQUIRED:	<ul style="list-style-type: none"> The Door (infrastructure) <i>Why Act Up</i> (Y Program) Funding & other resources Thriving youth who are 'driven' Advisory group to act as mentors
QUICK WINS:	<ul style="list-style-type: none"> Conducting a survey Connections and relationships Professional collaboration Lunch

MINDMAP



II. CONNECTING COMMUNITY TO YOUTH... An action strategy

PRIORITY:	<p>To connect the youth voice with the community through consultation, advocacy, visioning and engagement</p> <p>This means increasing media engagement, community attention to youth needs, developing intergenerational relationships, compiling 'youth friendly' best practice, bringing services directly to youth</p>
INGREDIENTS:	<p>A youth advisory committee (cross functional)</p> <p>Youth workers outreaching to youth</p> <p>Media and promotional network involving agencies serving youth</p> <p>Funds to create jobs for youth</p>
FIRST STEPS/ QUICK WINS:	<p>Find existing youth groups eg. Schools, churches, youth centres, recreation centres</p> <p>Establish youth councils</p> <p>Identify Muskoka-wide best practice for youth friendly spaces</p> <p>Develop web-based youth services directory</p> <p>Establish a Google group to provide cross-promotional opportunities</p> <p>Tap Channel 10</p> <p>Conduct online survey ... with prizes for participation</p> <p>Host media symposium</p>
WHO NEEDS TO BE INVOLVED:	<p>Youth</p> <p>Private sector</p> <p>Mentors</p> <p>Social services and not for profit organizations</p> <p>All levels of government</p> <p>Media</p>
RESOURCES REQUIRED:	<p>Funds for recreation programs</p>

III. INTER-AGENCY COMMUNICATION / INFORMATION PORTAL

... An action strategy

PRIORITY #1:	<p>www.clickforsuccess.ca Build upon the “Click for Success” website – an existing portal to child and youth services in Nipissing, Parry Sound, and Muskoka A collaborative community and school-based approach to child and youth services and mental health issues that promotes positive and healthy communities www.communityinformationmuskoka.ca</p>
INGREDIENTS:	<p>Greater awareness among agencies of the portal Professional directory – names and numbers Awareness of who to contact to be added to the list</p>
WHO NEEDS TO BE INVOLVED:	<p>All service providers involved with youth</p>
FIRST STEPS:	<p>Identify Community Liaison Representative for information sharing and contact information Host front-line gatherings / arrange regular monthly or 6 week meetings for networking and identifying common goals and concerns</p>

PRIORITY #2	<p>Explore formation of a Youth Advocacy Table</p>
INGREDIENTS:	<p>Representation from each agency – as appropriate Youth input and representation – perhaps Student Board of Education representative as a starting point</p>

IV. ACCESS TO EXISTING RECREATION PROGRAMS

... An action strategy

PRIORITY:	Accessible and affordable recreation and facilities for all youth
INGREDIENTS:	Fun, funding, of interest to youth, variety, accessible, affordable (subsidies), appropriate timing, transportation, communication re programs etc, engaging, ongoing support – coaching as needed, orientation/familiarization, safe – safeguards in place, trials – “try before you buy”, empowerment, involvement ... breaking barriers and stigmatizing, community awareness, flexibility, availability of facilities-equipment-information, reach to rural communities, chance to free time to do activities, support for ALL youth, recreation for all levels of sport – community intramurals, education for staff to manage potential situations
WHO NEEDS TO BE INVOLVED:	Local representation (committee from all areas), recreation departments, the Ys, YOUTH, agencies, Clubs (existing programming – dance, gyms, yoga, darts, sports, drama & arts) Role models and mentors Health teams including public health Schools Muskoka Trails Council Volunteers/community members Year round/permanent residents Town resource committees Rural Communities and townships Local Business Rotary Clubs
CHAMPIONS:	MOVING FORWARD – YES!! All Table 4 participants
RESOURCES REQUIRED:	Equipment and supplies – and the people with access to equipment
FIRST STEPS:	Volunteering Calendar of Events for ALL towns and municipalities (central resource) in leisure guides Free trial days Recreation Fair Create community Intramurals Create a Muskoka wide committee with sub-committees to implement
QUICK WINS:	Free access to program if you volunteer Build committee to develop calendar Work with community businesses eg. Algonquin Outfitters Establish mentorship program for High School youth – count as volunteer hours

V. TRANSPORTATION & HOUSING TO SUPPORT HOMELESS YOUTH & YOUTH AT RISK... An action strategy

PRIORITY #1:	Prevention and Intervention
INGREDIENTS:	Affordable and accessible transportation Affordable housing Best practice
FIRST STEPS:	Build relationships Empathy
CHAMPIONS:	Should be a community champion rather than agency
WHO NEEDS TO BE INVOLVED:	Multiple agencies Employment services FYCSM Youth Planning network: PROMPT, housing etc DMM LHIN
RESOURCES REQUIRED:	Financial Collaboration among existing resources
QUICK WINS:	Explore the Haliburton taxi example of \$5/ride Research best practice Use Hwy 11 corridor bus Develop pool of volunteer drivers Access Top Hat, Huntsville

PRIORITY #2:	Crisis Response Team to address Emergency Housing / Youth Shelter
INGREDIENTS:	Agency collaboration Timeliness Best practices from across the province Building/mortgage holder ... perhaps through Habitat for Humanity OR Public housing
FIRST STEPS:	Strike committee to find partners including funders eg. Trillium Foundation Establish goals and timeline Set up single access to Emergency Housing
CHAMPIONS:	FYCSM, District of Muskoka, Muskoka Parry Sound Community Mental Health, HANDS, SAIL Heather Berg ... Kim Doughty will organize a meeting
WHO NEEDS TO BE INVOLVED:	Choices Youth Shelter (Orangeville) MP Community Volunteers PROMPT LHIN
RESOURCES REQUIRED:	Housing unit Networks LHIN One primary contact Counsellors for prevention Crisis response workers
QUICK WINS:	List current emergency/crisis responses available Bring together staff currently training to provide emergency response Involve non traditional supports eg. Churches offer short term shelter options

VI. LEADING FROM THE FRONTLINE... An action strategy

PRIORITY:	<p>#1: YOUTH CENTRE (central hub idea) #2 Develop Relationships #3 Community Youth Services Coordinator ... a self starter</p>
INGREDIENTS:	<p>Youth involvement ... needs voiced by youth ... youth trained to lead Considerations: Addictions, self-esteem, health, employment, skills, connections</p> <p>#1 Consistent mentors, Relationships, Location / funding, Community support Donations, Youth Service Coordinator</p> <p>#2 Authenticity, Dedication, Commitment, Humour</p> <p>#3 Trained employee not associated with an agency, Identify role and skill requirements, Create good relationships, Funding (Ontario Trillium Foundation), Find location, Ensure service available to all youth</p>
FIRST STEPS:	<p>#1 Meeting to present idea, Approach community, Develop budget/funding possibilities, Bring agencies together</p> <p>#2 Find the right person /Advertise/promote position/ Run an interview process</p> <p>#3 Meeting to present idea, Find the right person, Collect community/agency information and awareness, Bring agencies together, Form Steering Committee</p>
WHO NEEDS TO BE INVOLVED:	<p>Community members with a variety of expertise to form partnerships</p> <p>#1 Potential researchers (Georgian College), Local school boards, Rotary Clubs, Education Society, Community Agencies, Municipal Governments Youth CAN</p> <p>#2 Youth, Trained professionals</p> <p>#3 Trained professional, volunteer community members, youth/families for sustainability</p>
RESOURCES REQUIRED:	<p>#1 The Door (infrastructure) <i>Why Act Up</i> (Y Program) Funding & other resources Thriving youth who are 'driven' Advisory group to act as mentors</p>
QUICK WINS:	<p>#1 Conducting a survey, Building connections and relationships, Establishing professional collaboration; Luncheon</p> <p>#2 Already have awareness of those doing this in their own 'silos' ie. youth group/GAP, Living in Balance Program, Youth Outreach, Getting Ahead, Bridges Program, YWCA,</p>

E THE FINAL WORD

Co-hosts of the Symposium expressed their appreciation for the hard work and commitment to Muskoka's youth that was evident throughout the day. Participants, in turn, valued the opportunity to network with their colleagues and begin important discussions related to future collaborations.

The final word comes in the form of a personal challenge to participants to do their part in building greater collaboration within Muskoka!

PERSONAL CHALLENGE TO PARTICIPANTS... some ideas of what you can do today!

- Make three cold calls to others you have never met – schedule a coffee meeting.
- Introduce your organization to another agency sharing service goals.
- Facilitate the introduction of people within your personal professional network.
- Participate in events or activities in the community that are intended to build relationships eg. Community breakfast.
- Move outside your traditional circles to attend meetings eg. Business Improvement Association, Service Clubs.
- Volunteer for another agency.

APPENDIX A

Youth Symposium Attendees

Total Attendees: 66 Total Organizations: 29

Name of Organization	Name of Individual	Position	Email Address
Addiction Outreach Muskoka Parry Sound	Brittany Cober	Youth Counsellor	Bcober@aomps.com
Big Brothers Big Sisters of Muskoka	Jennifer Jackson	Executive Director	jennifer.jackson@bigbrothersbigsisters.ca
Bracebridge Out of the Cold	Marlene Buwalda-Liao		BBOOTC@hotmail.com
Community Living Huntsville	Laurel Kahler		lkahler@clhuntsville.ca
Community Living Huntsville	Gwen Jones		gjones@clhuntsville.ca
Community Living Huntsville	Amber Gordon		Amber.Gordon@clhuntsville.ca
Community Living Huntsville	Steven Speicher		Steven.Speicher@clhuntsville.ca
Community Living Huntsville	Kevin Rows		krows@clhuntsville.ca
Community Living South Muskoka	Lynn Dennys		ldennys@clsm.on.ca
Community Living South Muskoka	Krista Haiduk-Collier		khaiduk@clsm.on.ca
Cottage Country Family Health Team	Maureen Cameron		mcameron@ccfht.ca
Daphne's Drop in	Lauren Power		lauren@daphnewymn.com
District Municipality of Muskoka	Rick Williams	Commissioner, Community Services	rwilliams@muskoka.on.ca
District Municipality of Muskoka	Marie Malcolm	Manager, Ontario Works Financial Services	mmalcolm@muskoka.on.ca
District Municipality of Muskoka	Cheryl Parlett	Manager, Ontario Works Employment Programs	cparlett@muskoka.on.ca



























District Municipality of Muskoka	Jean Broere	Manager, Programs	jbroere@muskoka.on.ca
District Municipality of Muskoka	Kim Doughty	Case Manager, Youth Programs	kdoughty@muskoka.on.ca
District Municipality of Muskoka	Tina Kilbourne	Childrens' Programs Community Facilitator	ckilbourne@muskoka.on.ca
District Municipality of Muskoka	Sandra Beausoleil	Program Information Manager	sbeausoleil@muskoka.on.ca
District Municipality of Muskoka	Jennifer Duncan	Administrative Assistant	jduncan@muskoka.on.ca
District Municipality of Muskoka	Bonnie Euler	Living in Balance Program Coordinator	beuler@muskoka.on.ca
District Municipality of Muskoka	Lillian Lafave-Fraser	Case Manager, OW	llfraser@muskoka.on.ca
Family, Youth and Child Services of Muskoka	Marty Rutledge	Executive Director	marty.rutledge@fydsm.ca
Family, Youth and Child Services of Muskoka	Krista McDonald	Manager, Client Services	krista.mcdonald@fydsm.ca
Family, Youth and Child Services of Muskoka	Meghann Gould		meghann.gould@fydsm.ca
Family, Youth and Child Services of Muskoka	Desiree Reisenburg	GAP Program Coordinator	Desiree.Reisenburg@FYCSM.CA
Family, Youth and Child Services of Muskoka	Jennifer Scott	Children in Care Youth Advocacy Group	jennifer.scott@fydsm.ca
Family, Youth and Child Services of Muskoka	Anna Nuedling	School Board Therapist	anna.nuedling@fydsm.ca
Family, Youth and Child Services of Muskoka	Tim McBride	School Board Therapist	tim.mcbride@fydsm.ca
Family, Youth and Child Services of Muskoka	Terry Pullen		
Family, Youth and Child Services of Muskoka	Sydney Morrison	Student	
Family, Youth and Child Services of Muskoka	Jocelyn Wing	School Board Therapist	jocelyn.wing@fydsm.ca

Hands: The Family Help Network	Derek Tutt	Senior Manager of Children's Mental Health	dtutt@handstfhn.ca
Hands: The Family Help Network	Sue Mullen-Gibson	Youth Mental Health Court Worker	smullen-gibson@handstfhn.ca
Library - Bracebridge	Cathryn Rodney	CEO / Chief Librarian	bracelib@vianet.on.ca; crodney@vianet.ca
Muskoka Interval House-Chrysalis	Jerica Bailey	Children's Outreach Program Coordinator	jericabailey11@hotmail.com
Muskoka Interval House-Chrysalis	Jenn Tremblett	Children's Outreach Program	communityoutreach@hotmail.com
Muskoka Interval House-Chrysalis	Samantha Killingworth	Child and Youth Worker	chrysalis.child@cogeco.net
Muskoka Interval House-Chrysalis	Marian Allman	Child and Youth Worker	mih.youth@cogeco.net
Muskoka Parry Sound Community Mental Health Service	Christine McCarter	Program Coordinator	mccarter@mpscmhs.on.ca
Muskoka Parry Sound Community Mental Health Service	Valerie Douglas	Core Program Area Manager	vdouglas@mpscmhs.on.ca
Muskoka Parry Sound Community Mental Health Service	Charlane Cluett	Operations Manager	cluett@mpscmhs.on.ca
Muskoka/Parry Sound Sexual Assault Services	Laurie Lamont		laurie@daphnewymn.com
North Muskoka Nurse Practitioner-Led Clinic	Susan Haller	Social Worker	s.haller@northmuskokanplc.com
North Simcoe Muskoka Local Health Integration Network	Ligaya Birch	Planner	ligaya.byrch@lhins.on.ca
OPP	Jessica Drake	Youth Outreach Worker	Jessica.Drake@ontario.ca
Orillia Soldiers Memorial Hospital	Sue van Yzendoorn	Social Worker	smvanyzendoorn@osmh.on.ca
Orillia Soldiers Memorial Hospital	Marg Schreurs	Social Worker	MESchreurs@osmh.on.ca
Probation	Adam Galt	Probation Officer	Adam.Galt@ontario.ca
Probation	Corinne Knight		Corinne.Knight@ontario.ca
School Guidance / Attendance - BMLSS	Allison Jones	Student Services / Attendance	allison.jones@tldsb.on.ca

School Guidance / Attendance - St. Dom's	Angie Murray	Child and Youth Worker Student	
School Guidance / Attendance - St. Dom's	Joletta Thompson	Guidance Chairperson	jthompson@smcdsb.on.ca
Simcoe Muskoka Catholic District School Board	Geoff Ayton	School Social Worker	gayton@smcdsb.on.ca
Simcoe Muskoka District Health Unit	Kim Newberry	Public Health Nurse, Healthy Schools Program	Kim.Newberry@smdhu.org
The Door Youth Centre	Wanda Hunt		office@huntsvilleyfc.ca
The Door Youth Centre	James Hunt	Director	smirky-jim@hotmail.com
Trillium Lakeland District School Board	Deborah Warring	Manager of Mental Health & Student Services	deborah.warring@tldsb.on.ca
Trillium Lakeland District School Board	Sharon Mortimer	Special Education / Program Consultant	Sharon.Mortimer@TLDSB.ON.CA
Trillium Lakeland District School Board	Eva Watson	Student Services/Attendance Counsellor	Eva.Watson@TLDSB.ON.CA
Trillium Lakeland District School Board	Tamica Herod	Student Services/ Attendance Counsellors	Tamica.Herod@TLDSB.ON.CA
Trillium Lakeland District School Board	Debbie Pringle	Student Services/ Attendance Counsellors	debbie.pringle@tldsb.on.ca
YMCA of Simcoe/Muskoka	Tara Gregor	General Manager - Gravenhurst	Tara_Gregor@ymca.ca
YMCA of Simcoe/Muskoka	Janette McGee	General Manager of Youth Services	Janette_McGee@ymca.ca
YWCA of Muskoka	Hannah Lin	Director of Youth Programs	hlin@ywcamuskoka.com
YWCA of Muskoka	Sam Geissler	Coop Student	sgeissler@ywcamuskoka.com

APPENDIX B

Who was missing from the Symposium

-  **YOUTH**
-  Municipal recreation departments
-  Politicians and local MPs
-  Business associations – Chambers of Commerce, Employment Services
-  Community learning centres
-  Churches and youth groups
-  Rotary clubs
-  Food Banks
-  Hospitals – emergency staff
-  Hospice
-  Primary care
-  CCAC – mental health
-  Children Aids Society
-  Respite services
-  Peoples' First
-  Family members
-  Foster parents
-  Community members – volunteers, businesses, retirees
-  Lawyers
-  Cultural groups
-  School principals and staff ... Robin Clipsham (drama)
-  Private organizations – eg. Connor Homes, Top Hat House
-  Moose Deer Point and Wahta
-  Cottagers
-  College and universities
-  Camps

APPENDIX C

2013 YOUTH OF MUSKOKA SYMPOSIUM- Service Directory

ORGANIZATION	KEY CONTACTS	MANDATE & OBJECTIVES
Addiction Outreach Muskoka Parry Sound 173 Manitoba Street Suite 202 Bracebridge, Ont P1L 1S3 705-645-1311 ext 611	<p>Suzanne Witt-Foley Outreach Worker swittfoley@aomps.com 705-644-9953</p> <p>Brittany Cober Youth Addictions Counsellor bcober@aomps.com 705-645-1311</p> <p>Michelle McAdams Program Supervisor 173 Manitoba St. Suite 202 Bracebridge ON P1L 1S3 705-645-1311 www.aomps.com</p>	<p>We envision a healthy community with an improved quality of life through the reduction of the harmful effects of substance use and gambling.</p> <p>Our Philosophy - Through the provision of a holistic, client-centered approach which is:</p> <ul style="list-style-type: none">• Collaborative• Empowering• Safe and accepting• Non-judgmental• Confidential <p>Addiction Outreach Muskoka Parry Sound recognizes the dignity and self-worth of individuals and adopts a flexible, individualized approach ranging from harm reduction to abstinence.</p> <p>Services are available to youth up to and including 18 years of age. Youth counsellors are available at all area schools, as requested. Services are provided to youth who experience and/or are impacted by someone else's (e.g. family member, friend) substance use/gambling and co-occurring mental health issues. Service goals include providing education/awareness with a focus on helping youth understand the effects of substance use/gambling and co-occurring mental health issues, while supporting positive change, decision-making and family relationships. Services may include: -Individual counselling, including assessment, treatment planning and referrals. Group counselling, such as psycho-educational, treatment and facilitated self-help groups. Community consultation/liaison with other organizations/health service providers for case management purposes, with client consent. Community education to increase awareness of substance use/gambling and co-occurring mental health issues.</p> <p>Individual Counselling within high schools across the region. (16-24) Individual outpatient counselling available at all locations. (16-24) Group counselling and presentations offered within elementary schools across the region.</p>

<p>Autism Ontario One Kids Place, 400 McKeown Avenue North Bay On P1B 0B2 Phone: 705.476.5437 ext 3562</p>	<p>Jayne Jansen Family Services Co-ordinator North East Region jayne@autismontario.com</p>	
<p>Big Brothers Big Sisters of Muskoka 126-1 Kimberly Ave, Box 1252 Bracebridge, ON P1L 1V4 705-644-9914 www.bigbrothersbigsisters.ca/muskoka</p>	<p>Rebecca Paul Executive Director 705-644-9914 Rebecca.paul@bigbrothersbigsisters.ca</p>	<p>Big Brothers Big Sisters pairs a child with a role model. This is a one-to-one relationship built on trust and friendship. We serve children between 6 and 16 years.</p>
<p>Bracebridge Library 94 Manitoba St Bracebridge, ON bracelib@vianet.on.ca www.bracebridge.library.on.ca 705-645-4171</p>	<p>Cathryn Rodney CEO crodney@vianet.ca</p>	
<p>Bracebridge Out of the Cold Box 1015 Bracebridge Ontario P1L 1A6 bbootc@hotmail.com 705-644-3761</p>	<p>Marlene Buwalda marlenebuwalda@hotmail.com 705-646-5159</p>	<p>Dinner open to all ages Tuesdays and Thursday nights in Bracebridge through winter months (dates may change season to season)</p>
<p>Community Living Huntsville 99 West Road Huntsville, ON P1H 1M1 705-789-4543</p>	<p>Laurel Kahler Supervisor, Community Participation lkahler@clhuntsville.ca 705-789-4543 (x237)</p> <p>Kevin Rows, Children and Family Services krows@clhuntsville.ca 705-789-4543 (ex238) Plus 4 more from CLH who attended</p>	<p>Family Support - ages 6 – 21; Foundations - transitional age youth 18 - 25</p>

<p>Community Living South Muskoka 15 Depot Drive B705-645-5494 Bracebridge ON P1L 0A1</p> <p>www.clsm.on.ca</p>	<p>Krista Haiduk-Collier, Director of Services and Supports 705 645-5494 ext 226 khaiduk@clsm.on.ca</p> <p>Lynn Dennys, Supervisor Planning and Quality Assurance 705 645-5494 ext 228 ldennys@clsm.on.ca</p>	<p>Family Support Worker; ages 3-21, case management and support to families with children diagnosed with a development disability. School advocacy, support coordination, planning, respite coordination Respite (for Developmental Services): local regional respite provider, host agency for provincial data base respiteservices.com Transition Planning: provide transitional supports for Youth who have a developmental disability. Youth Works: provide employment and recreational opportunities to Youth with a developmental disability as they transition to adulthood. Special Needs Resourcing (ages 2-6 yrs.)</p>
<p>Community Outreach Program for Children Box 748 Bracebridge, ON P1L 1T9 705-205-3343 communityoutreach@hotmail.com 705-205-3343 FCBK: COPMuskoka</p>	<p>Jerica Bailey, District Coordinator, COP</p> <p>Jenn Tremblett C.O.P Facilitator</p>	<p>C.O.P strongly encourages family focus such as bonding and communicating on a positive level. Our primary objective is to focus on ages 0-17.</p> <p>Although we have a wide range of programs that we plan and offer to the residents of Muskoka, we don't necessarily have a program that is focused on the ages 15-17. In November C.O.P arranged a trip for our 9-17year olds to attend Eagle Crest tree top trekking and zip lining to recognise self-esteem as well as personal limitation setting.</p>
<p>Cottage Country Family Health Team</p>	<p>Maureen Cameron mcameron@ccfht.ca</p>	<p>A team of health care professionals focused on health promotion, illness prevention and primary health care services, encouraging personal responsibility for one's own health and that of the community.</p>
<p>Daphne's Drop In</p>	<p>Lauren Power lauren@daphnewwymn.com</p>	<p>Daphne's Drop In, a free drop in for all women is held every Monday at the Women's Resource Centre, 29 Manitoba Street, Bracebridge from 9:30 to 12 p.m. Make new friends, learn new skills. Live. Laugh. Enjoy. For more information call 646- 2122</p>

**District of Muskoka,
Community Services**

70 Pine Street

Bracebridge, ON P1L 1N3

705-645-2100

www.muskoka.on.ca

communityinformationmuskoka.ca

Kim Doughty
Case Manager, Youth Services
Enhanced Support Service
705-645-2412/705-644-4118 (CELL)
kdoughty@muskoka.on.ca

Tina Kilbourne
Children's Services Community
Facilitator 705-645-2412 x
308ckilbourne@muskoka.on.ca

Lillian Fraser
Case Manager, Ontario Works
705-645-2412 x 1315

Maureen Callaghan
Homelessness Worker
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Marie Malcolm
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Sandra Beausoleil
Manager, Program Information
sbeausoleil@muskoka.on.ca

Bonnie Euler
Living in Balance Addiction Services,
Program Coordinator
beuler@muskoka.on.ca

Rick Williams
Commissioner of Community Services
rwilliams@muskoka.on.ca

To support clients between the ages of 16-30 who are facing major barriers to employment. Offer enhanced support and mentoring and develop SMART goals.

Addiction Programs for youth 15-17: Children's Services Community Facilitator does not focus specifically on youth but works with and has in the past worked with youth to provide support and connect with services.

Youth Enhanced Support Services – YESS: Offering solution focussed mentoring for youth ages 16-21 years of age who are facing barriers to employment (addictions, mental health, homelessness)

Living in Balance: A variety of addiction services – one on one counselling, life coaching, group work, mentoring program, bootcamp

<p>The Door Youth Centre 18 Brunel Road Huntsville, ON P1H 1P1 705—789-4748</p>	<p>James Hunt Director office@huntsvilleyfc.ca</p>	<p>To provide alternatives of hope to youth and their families, through caring relationships and developmental opportunities for the whole person. (physical, social, mental, and spiritual) Programs: Partnering with public and high schools to support and build relationships with youth; Lunch time drop-in (11:30 a.m. – 12:30 p.m. weekdays); Friday night drop-In 7-10 p.m.; Age 13-18 Ugly Couch Club Fri 3:30- 5pm; Age 13-18 Project Serve enabling youth to reach beyond themselves to their local community and worldwide; Age 14-18 KidMax Summer Day Camp July-Aug Grades 1-8</p>
<p>Family, Youth and Child Services of Muskoka 49 Pine Street BracebridgeON P1L 1K8 7 705 645-4426</p>	<p>Tim McBride Intensive Services Worker tim.mcbride@fydsm.ca 705 645-4426</p> <p>Meghann Gould Intensive Services Coordinator meghann.gould@fydsm.ca 705 645 4426 x 266</p> <p>Jennifer Scott Intensive Service Worker & YouthCAN facilitator ex. 236</p> <p>Sydney Morrison Children’s Mental Health Student – LakeheadUniveristy ex 234 smorrison@fydsm.ca</p> <p>Desiree Reisenburg Youth Justice Committee Coordinator Desiree.reisenburg@hotmail.com</p> <p>Terry Pullen 705-645-4426 ex290</p> <p>Anna Nuedling</p>	<p>To service the emotional needs and well-being of children and youth under the age of 18 Programs: individual, family counseling, school-based Children's Mental Health programs, intensive service coordination for complete special needs (CMH program).</p> <p>A dual agency - child protection as well as children’s mental health in Muskoka. We offer GAP (get a plan) AYM (alternative youth measures) ISW (Intensive services worker- in home support) CFT (Child and family therapists) Strengthening families as well as PPP (positive parenting program),CWIC (Counselling walk-in clinic), brief and on-going therapy, school based mental health counselling, telepsychiatry, mobile crisis, and youth justice committee.</p> <p>Youth advocacy group for kids in care (part of a provincial initiative), youth counselling and support, family support, walk-in family support.</p>

<p>Hands: The Family Help Network 23 Balls Drive Bracebridge, ON P1L 1T1</p> <p>222 Main St.E North Bay, On P1B 1B1 705-476-2293 ext 1253</p>	<p>Derek Tutt Senior manager of children’s mental health dtutt@handstfhn.ca</p> <p>Sue Mullen-Gibson MSW RSW Youth mental health worker Smullen-gibson@handstfhn.ca 705-645-3155 x3213</p>	<p>Youth specific programs for: 12 – 15 year old teens involved with youth justice or teens who have mental health, developmental delays and/or co-occurring addictions.</p> <p>Roles: assessment services; referral services; court support for youth and families; brief counselling while awaiting community services.</p> <p>Services also offered at HANDS: autism programs; developmental services Ontario coordination; Developmental services</p>
<p>Macaulay Tree House</p>	<p>Sandra Rogers Manager 705-645-1956</p>	<p>The Macaulay Tree House Day Nursery is a licensed, non-profit organization that provides quality child care for children ages 3 months to 12 years of age.</p> <p>We provide a safe, stimulating environment that incorporates the basic areas of play based education. We actively participate in the District of Muskoka’s Child Care Quality Assurance Program</p>
<p>Muskoka Algonquin Health Care</p> <p>Huntsville District Memorial Hospital Site 100 Frank Miller Drive, Huntsville P1H 1H7 705-789-2311 Fax: 705-789-0557</p> <p>South Muskoka Memorial Hospital Site 75 Ann Street Bracebridge, ON P1L 2E4 705-645-4400 Fax: 705-645-4594</p> <p>Email: info@mahc.ca</p>		<p>Muskoka Algonquin Healthcare is a multi-site organization, dedicated to providing Outstanding Care that is People Focused at our two hospital sites in Bracebridge and Huntsville.</p>

<p>Muskoka/Parry Sound Community Mental Health Services 173-202 Manitoba Street Bracebridge, Ont P1L 1S3</p>	<p>Christine McCarter Program Coordinator mccarter@mpscmhs.on.ca 705-645-2262 ex228 mccarter@mpscmhs.on.ca</p> <p>Charlene Cluett, Manager, Operations (Muskoka)</p> <p>Valerie Douglas Core Programs Area Manager</p>	<p>Provides mental health services related to crisis management, assertive community treatment, 16- 35 yr olds experiencing first episode psychosis, case management, concurrent disorders, counselling, partner assault response, male survivors of sexual abuse, adult protection, aboriginal counselling and crisis.</p>
<p>Muskoka Women's Advocacy Group Box 748 Bracebridge ON P1L1T9 705-645-4461 www.mwag.ca</p>	<p>Marion Allman Child & Youth Program mih.youth@cogeco.net 705-645-4461</p> <p>Samantha Killingworth Child & Youth Program 705-789-8488 chrysalis.child@cogeco.net</p>	<p>MWAG operates Interval House in Bracebridge and Chrysalis in Huntsville.</p> <p>Child & Youth program provides support for male and female youth aged 15-17, when accompanying their mothers to the shelter. A male youth, accompanying his mother will be interviewed by staff prior to admission to ensure that he would be an appropriate resident. A female who is 16 - 17 years can access services on her own and can be admitted to the shelter as an individual resident. Youth can access services offered by MIH including our outreach worker.</p>
<p>Muskoka/Parry Sound Sexual Assault Services 29 Manitoba St. Ste 1 Bracebridge, ON P1L 1S4 705 646-2122 www.daphnewymn.com</p>	<p>Laurie Lamont Muskoka Coordinator laurie@daphnewymn.com 705646-2122</p>	<p>Mandated to provide crisis and long term counselling regarding sexual assault for women 16+.</p> <p>Provide public education, community development, referral and advocacy, accompaniment, drop in programs, and a 24 hour help line.</p> <p>For youth, provide a peer support training program which has run for more than 10 years, offered in area high schools.</p> <p>Public education sessions provided upon request to high schools, elementary schools and community groups addressing the areas of sexual assault, dating violence, sexual harassment and healthy relations.</p>

<p>North Simcoe Muskoka Community Care Access Centre Huntsville Office 8 Crescent Drive Suite Unit B-3 Huntsville, Ontario, Canada P1H OB3 www.nsm.ccac-ont.ca/ 705-721-8010 ex 6100 1-888-721-2222 ex 6100</p>	<p>Debbie Wight Manager Debbie.wight@nsm.ccac-ont.ca</p>	<p>Provides a wide variety of health care services by working in partnership with clients and their families, agencies, schools, hospitals, and long term care facilities.</p>
<p>North Simcoe Muskoka Local Health Integration Network 210 Memorial Avenue Suites 127-130 Orillia, ONL3V 7V1 705-326-7750 1-866-903-5446 Fax 705-326-1392 northsimcoemuskoka@lhins.on.ca www.nsmhlin.on.ca</p>	<p>Ligaya Byrch Planner Ligaya.byrch@lhins.on.ca</p>	<p>The North Simcoe Muskoka Local Health Integration Network (LHIN) is a crown agency that reports to the Ministry of Health and Long-Term Care. It is one of 14 local entities designed to plan, integrate and fund local health services, including hospitals, community care access centres, community health centres, long-term care homes, mental health and addiction programs and a variety of community support services agencies within specific geographic areas.</p>
<p>North Muskoka Nurse Practitioner Led Clinic 5 Centre Street Huntsville, ON P1H 2C1 www.northmuskokanplc.com</p>	<p>Leanna Lefebvre, Nurse Practitionerleanna.lefebvre@northmuskokanplc.com Susan Haller, Social Worker s.haller@northmuskokanplc.com</p>	<p>To work with clients and the community to provide safe, effective, and high-quality primary health care. To provide timely access to interdisciplinary primary health care services in a collaborative, patient-centred approach. Programs: complete primary health care, including sexual health, smoking cessation, mental health, counselling, (on site, and at school) links to community services and resources.</p>
<p>One Kids Place 100 Frank Miller Dr, Ste 2 Huntsville, OntP1H 1H7 Tel: (705) 789-9985 or 1-866-232-5559 Fax: (705) 789-1115 Muskoka & Parry Sound Preschool Speech & Language Services1-866-232-5559</p>	<p>Adele Kirby Manager adelek@onekidsplace.ca</p>	<p>One Kids Place offers a range of services to help children, youth and their families with physical, developmental and communication delays and disabilities. Services, based on principles of best practices, vary depending on the needs of the child, their age and possible diagnosis. Services will be individualized to meet each child's needs. Our team is committed to updating their skills and knowledge to work together with children, youth and their families to achieve their full potential</p>

<p>Ontario Provincial Police 690 Cedar Ln Bracebridge (705) 645-2211</p> <p>Ravenscliffe Rd Huntsville, ON P1H 1L6 789-5551</p>	<p>Jessica Drake Youth outreach worker Jessica.drake@ontario.ca</p>	
<p>Orillia Soldiers Memorial Hospital - Regional Centre for Suspected Child Abuse and Neglect 170 Colborne St. W Orillia, On L3V 2Z3 1-877-377-7438</p>	<p>Marg Schreurs, MSW, RSW Paediatric Social Worker meschreurs@osmh.on.ca 705-325-2201 x 3532</p> <p>Sue vanYzendoorn, MSW, RSW Paediatric Social Worker smvanyzendoorn@osmh.on.ca 705-325-2201x3758</p>	<p>The Regional Centre for Suspected Child Abuse and Neglect is under the Regional Sexual and Domestic Violence Treatment Centre The RCSCAN provides medical treatment and counselling of children who have been physically or sexually abuse or neglected. Counselling is offered up to 15 years of age.</p>
<p>Probation Services</p>	<p>Amber Dubchiak P.O. Adam Galt P.O. Corrine Knight P.O. Amber.dubchiak@ontario.ca Adam.galt@ontario.ca corinne.knight@ontario.ca</p>	
<p>PROMPT Poverty Reduction of Muskoka Planning Team</p>		<p>PROMPT is a network of local individuals and groups that have mobilized around the issue of poverty reduction within the District of Muskoka. The group aims to present a unified community voice to discuss and address local issues focusing on poverty reduction. It strives to bring issues about poverty to the forefront, and is committed to working to reduce poverty through systemic and programmatic change.</p>
<p>St. Dominic's Catholic Secondary School 955 Cedar Lane, Bracebridge, ON. P1L 0A1 705-646-8772 Fax:705-646-7613 domoffice@smcdsb.on.ca</p>	<p>Angie Murray Youth worker amurray@smcdsb.on.ca</p> <p>Joletta Thompson Guidance chairperson jthompson@smcdsb.on.ca</p>	

Simcoe Muskoka District Catholic School Board 46 Alliance Blvd, Barrie, ON, L4M5K3 705.722.3555 x 362 www.smcdsb.on.ca	Geoff Ayton Social Worker gayton@smcdsb.on.ca 705.722.3555 x362	Counselling services for students in schools
Simcoe Muskoka District Health Unit	Kim Newberry Public health Nurse Kim.newberry@smdhu.org	
Trillium Lakeland District School Board Mental Health and Student Services 76 Pine St Bracebridge, ON P1L 1N4 705-645-8704 ext 21256 www.tlidsb.ca	Deborah Warring District Manager of Mental Health and Student Services deborah.warring@tlidsb.on.ca 705-645-8704 ext 21256 Tamica Herod Student Services/Attendance Counsellor 76 Pine St. Bracebridge, ON P1L 1N4 705-641-9409 tamica.herod@tlidsb.on.ca Debb Pringle Student Services/Attendance Counsellors 76 Pine St. Bracebridge, ON P1L 1N4 debbie.pringle@tlidsb.on.ca Eva Watson Student Services/Attendance eva.watson@tlidsb.on.ca 705-645-8704 ex21266 Allison Jones Student services/attendance Allison.joines@tlidsb.on.ca 705-645-8704 ex21267	Trillium Lakelands District School Board ... Better Together-In a Safe and Caring Learning Community Educational programs for JK to grade 12 and Adult Education. Programs: Education, mentoring, volunteerism, co-op placements, school sports team, Yearly Outdoor Programs, Student Services/Attendance Counsellors, in school counsellors from FYCSM, Guidance department, CCAC Addictions and Mental health nurse, Community Health Nurse Student Services/Attendance Counselling: Crisis Intervention, Attendance and Student Support Counselling. Advocacy, referral, case management, education Program implementation, resource development and transition planning.

	<p>Sharon Mortimer Special Education Consultant 705-645-8708</p> <p>School Guidance/Attendance Huntsville High school 705-789-5594</p>	
<p>YMCA of Simcoe Muskoka Youth Services 49 High Street Barrie, ON L4N 5J4 705 726-5572 www.ymcaofsimcoemuskoka.ca</p>	<p>Janette McGee General Manager Youth Services Barrie Office janette_mcgee@ymca.ca 705 726-5572 ext.23</p> <p>Tara Gregor General Manager tara_gregor@ymca.ca 705-687-9899 ext. 228 YMCA of Simcoe/Muskoka - Gravenhurst 1-101 Centennial Drive Gravenhurst, On P1P 1B7</p>	<p>Dedicated to the growth of all persons in spirit, mind and body, and to their sense of belonging to each other and the global community. The Y inspires people to reach their full potential All current YMCA Youth Services programs are offered in Simcoe County, including Youth Justice, employment and counselling</p> <p>Gravenhurst: Our Strategic focus for the next 5 years •create opportunities for people to learn, lead, work and play •inspire youth and young adults to feel a sense of belonging and community leadership •investment in people, programs and places to impact community health.</p> <p>Programs offered - Youth Leadership Camp Kitchikewana Youth Leadership Youth Fitness Classes Youth Wellness Co-op and Volunteer Opportunities Employment Opportunities and employment training</p>
<p>YWCA Muskoka 440 Ecclestone Drive Bracebridge, ON, P1L 1Z6 705-645-9827 www.ywcamuskoka.com</p>	<p>Hannah Lin Director of Youth Services hlin@ywcamuskoka.com 705-645-9827</p> <p>Suzanne Witt-Foley Mental Health Coordinator suzannewf@vianet.ca</p> <p>Sam Geissler Co-op Student sgeissler@ywcamuskoka.com</p>	<p>YWCA Muskoka is creating a safe, inclusive community advancing gender equity through leadership, partnerships and advocacy.</p> <p>A focus on: ending violence against women and girls; achieving economic sustainability for women and families; fostering leadership in women and girls; providing high quality services and activities.</p> <p>YWCA Muskoka takes a regional approach offering school based youth programs across Muskoka communities: Girlz Unplugged (for girls 9 to 13); Girlspace (for girls 12 - 15); Girlz Choice (for girls 14 to 18); Y Act Up – (a young women's circle for social action - 16 and up); Quest (for boys grade 5 - 8 and young men grade 9 & 10); Power of Being a Girl Conferences (for high school girls)</p>

APPENDIX D

SYMPOSIUM RESOURCE EXCHANGE - *Information Shared by Participants and Provided by External Sources*

Symposium Poster Board Sharing - Resources and Information

ACRONYMS	
SAS CCFHT CLH / CLSM ERC APSW COP DART COAST	Sexual Assault Services Cottage Country Family Health Team Community Living Huntsville / Community Living South Muskoka Employment Resource Centre Adult Protective Service Worker Community Outreach Program – for children Domestic Assault Review Team Community Outreach & Support Team at Adult Mental Health
COMING EVENTS	RESOURCES/INFORMATION
Family Cafe The 'R' Word Movie Night Transition to Independence Process (TIP) Model	February 27, 2013 Soul Sistas, West Road, Huntsville February 28, 2013, 6 p.m. Community Living Huntsville, 99 West Road 705-789-4543 x238 TIP is an exciting new approach that engages youth aged 14-24 years with emotional and /or behavioural difficulties in moving towards greater self-sufficiency and achieving their goals related to employment, career, education, living situation and community involvement. February 20, 2013 9:00 a.m. – 12:00 p.m. Kempenfelt Conference Centre, Barrie February 25, 2013 9:00 a.m. – 12:00 p.m. Best Western Conference Centre, Midland March 1, 2013 9:00 a.m. – 12:00 p.m. Riverside Inn, Bracebridge Sign up: http://fluidsurveys.com/s/tiporientationsession/ Hosted by: Simcoe/Muskoka Service Collaborative For more information or to register, please contact Susan Lalonde Rankin susan.lalonde@camh.ca or 705-549-9921

<p>Chillin' 4 Charity</p>	<p>A fundraising event hosted by the Youth of Muskoka Community Church who are raising funds for charity through a 30 hour winter camp out Saturday, February 23, 2013 10:00 a.m. to Sunday February 24, 2013 at 4:00 p.m. Robinson's Independent Grocer. Participants will be seeking pledges from friends, family and the community at large Show your support by visiting us on site and check out our gourmet chili cook-off inside Robinson's YIG ... proceeds will support Hospice Huntsville james@muskokacommunitychurch.com facebook: Chillin'4 Charity</p>
<p>www.yicsource.ca</p>	<p>Welcome to the Youth in Care Resources Website! With the help of the Crown Ward Education Championship Team, this website has been developed to assist Crown Wards in achieving greater educational success. YICSource also provides Crown Ward's from Nipissing, Parry Sound and Muskoka areas with information that may be useful when transitioning from care to independence. We have provided many links to additional websites that can assist with College, University and OSAP applications, as well as links to a variety of local and provincial services available to youth. YICSource also provides Youth in Care with important changes currently taking place in the Child Welfare System. Be sure to follow us on Twitter @nipcasyouth for current news and events!</p>

Additional Resources provided prior to or following the Symposium for distribution/FYI:

From Participants:

<http://www.youthrive.ca/> - Contact Suzanne Witt-Foley for more information suzannewf@hotmail.ca

From External Resources: – Youth Speakers- Workshop Facilitators:

Michael Eisen

Founder, Youth Wellness Network
michael@youthwellnessnetwork.ca
647 345 2326
www.youthwellnessnetwork.ca

Michael Ballard

ResilientMichael@Gmail.com
<http://about.me/resilientmichael>
www.Linkedin.com/in.MHBallard
<http://www.youtube.com/user/MichaelHBallard/featured>

APPENDIX E

PRE-SYMPOSIUM ONLINE SURVEY SUMMARY... ANALYSIS OF RESPONSES

<p>What is WORKING WELL? What can weBUILD ON?</p>	<p>COLLABORATION/PARTNERSHIPS</p> <ul style="list-style-type: none">• Strong relationships and collaboration among community agencies• History of partnership with Trillium Lakelands School Board including school-based services and programs ... meeting clients where they are at both literally and figuratively• Collaborative work with community partners Memorandum of Understanding Third Party Agreements Pathways to and from treatment (mental health and addictions) ... Resiliency Economic development ... Career paths-trends• Partnerships with school boards, District of Muskoka and other community agencies.• Continuous collaborative partnerships with other agencies within the community in order to create sufficient programming surrounding our youth clientele• History of collaboration with community partners -community projects that are inclusive i.e. Morrison Meadows, transportation project with Bracebridge Taxi• Creative partners willing to do what it takes to meet the needs of our youth <p>INNOVATIVE APPROACHES ...</p> <ul style="list-style-type: none">• Patient-centred primary care, good relationship between agencies (North Muskoka NPLC and Highschool/FYCSM), open to further community partnerships• .Established relationships with other service providers and school boards who work with youth. New Ministry-led transition planning protocol...Strength: Person and Family-Centred approach, and inclusive early years system <p>AGENCY SERVICES ...</p> <p>AGENCY INTERNAL ASSETS</p> <ul style="list-style-type: none">• Dedicated Professionals• Capacity within the FYCSM (diverse expertise)• Dedicated, caring professionals working with youth in Muskoka ... A strong foundation and common ground to build upon <p>FYCSM Services and Supports</p> <ul style="list-style-type: none">• FYCSM's drop-in mental health clinic for young people and their families ... Makes it easier for families to get connected to the right service and to have some immediate response to their forefront concerns ... This has helped to manage the waitlist for service
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- Program run by FYCSM and MFF strengthens families ... But has limited reach in terms of how many families it can reach per year and only works if a youth is part of a family;
- Links to OTN telehealth for psychiatric consultations

DMM Services and Supports

- District of Muskoka's YESS program supports vulnerable youth
- OW Leap program for teen parents - good in theory
- Addictions Outreach programs and mentoring reach teen audiences and mentoring
- The GAP program is a useful tool for youth in Muskoka. It will help if school were taught the details of the program and Ontario Works in order to insure youth who really need to program are able to find it.
- We refer our clients to existing services such as GAP and Addiction Outreach (Youth Services) We rely on these community services to support youth staying in our shelter either with their mothers or alone.

Other Community Resources

- Christine's Place in Huntsville for pregnant teens
- The Door Youth Centre in Huntsville (Highland Youth for Christ affiliation) works with high risk youth/teens ... A popular programs and an excellent mandate to work with high risk youth in a variety of ways
- Community Living programs for youth/teens with special needs
- Community connects, supported employment, building keys (social, work related etc.)
- Supportive teams in schools. Opportunities for students to build competencies and stay future focused.

Flexible, Community Based Mental Health Services responsive to emerging needs

- Community-based mental health services with flexibility to address diverse needs
- Harm Reduction approach
- The CWIC is a well-run program that offers immediate mental health services to youth and their families. This could be built on by making sure everyone involved with youth and youth knew times, locations, dates, and services available.
- Our social workers travel to the closest major centre to where the child resides to provide services

COMMUNITY – PROGRAMS, SUPPORTS and FACILITIES ...

- We have a lot of caring adults in town (Huntsville). Perhaps we need to make them more aware of how many "at risk" youth we have in Muskoka, and ways to get involved.
- Community recreation centers with climbing walls/gyms/pools/arenas/skateboard parks
- Many volunteer organizations offer youth drop-in support and socializing ... Food and clothing provided by the Salvation Army and food banks
- Municipal Recreation Department and Programs/ YMCA in Gravenhurst ... But would like to make these recreational opportunities available to high risk and low income youth
- Access and space available. Drop in programs - this reduces the registration barrier Financial Assistance

**What are the
GAPS IN SERVICE?**

YOUTH SHELTER / DROP IN CENTRE

- There should be more youth drop-in centres in Muskoka besides The Door in Huntsville. And the more youth can be involved in programming at drop-in centres, the more appealing it will be to youth to go there
- Once you have a place high risk youth can go and feel comfortable going, the easier it is to reach them and find ways to meet their unique needs. Might even be able to offer some sort of academic support for those youth who are in school but struggling. Ontario Works for this age group can be problematic as they need a trustee and don't always have parental cooperation. Local life skills programming and counselling for high risk youth. Should definitely be tied into a youth shelter/drop-in centre initiative. Might also include a component that focuses on employment services for youth - getting them job ready and providing support to ensure success so they don't end up with OW later in life

NAVIGATION SYSTEM

- Navigation through the systems-mental health, addictions, treatment
- How to reach youth who are no longer attending school and who do not know how to go about accessing services
- Once they are in Crisis (i.e. requiring a Form 1 to keep them safe/hospitalized) there seems to be a huge gap in the process from there. The timeliness of an appropriate placement is often dependent upon specific individuals involved and their own insight, etc. In other words, there is no 'centralized' system to have youth placed in a timely, appropriate and client-centered manner
- True shared care planning where the youth is at the centre and all providers are on the same page. Where new programming is created we fail to bring all stakeholders together to share in the development - silos. There is much talk about being "collaborative" yet we probably have a more silos operating than we acknowledge. For example this is event is being held a week apart from NSMLHIN sponsored CAMH Service Collaborative for Transitional Age Youth event with seemingly little connection and awareness
- Dedicated team, working towards person-centered approach
- Support to create independence in families and respond to family needs
- Client satisfaction surveys would be helpful.
- Not all agencies work collaboratively, but against one another – could including neutral organizations be an an effective way to bridge the negative stigma between particular agencies.
- Walk-in clinic model- difficult to connect students/families with service for initial contact

OUTREACH

- Outreach services that bring the programs/services to youth
- Increasing awareness of programs available
- Building stronger relationship with highschoools

MISSING TREATMENT SERVICES

- Residential treatment for struggling youth ... crisis residence
- Foster parenting
- Resources for sexual assault counselling for youth under 16
- Pediatricians and medical services
- Funding to support placements when needed
- Need for clinical supports (waitlist is too long); or lack of expertise in supporting people with multiple diagnosis

MISSING SUPPORT PROGRAMS/RESOURCES

- Transition supports
- Positive parenting support for parents of teenagers
- Groups to address different needs: anxiety, depression, mindfulness, life skills (in collaboration with other agencies?)
- Emergency response mechanism for at Risk Youth
- Life skills programs
- CAS protection age cut-off

FUNDING FOR NEW AND EXISTING PROGRAMS AND SERVICES

MENTAL HEALTH STRATEGY

- Lack of a strong collaborative planning network with a common vision for youth
- Lack of consistent, ongoing psychiatric care for youth.
- Query re effective addiction prevention support for youth.
- Query re lack of education for youth re mental health challenges, coping strategies, preventing crisis, knowledge of community resources.
- Stigma re mental health issues as a result of inadequate education.
- Need more appropriate mental health services

YOUTH ENGAGEMENT/INVOLVEMENT/PLANNING

- Youth representation/voice in community planning and leadership roles; (ie. youth advisory councils)
- Symposium for the youth voice
- Evidence of youth engagement integrated into our practices and delivery
- Addressing the stigma/negatives attached to counselling services available
- Developing relationships with the high school to capture Youth input into solutions
- The key strengths that we as a whole can build on would be to focus more on the positive aspects our youth bring to the community instead of the negative

TRANSPORTATION

- Public transportation In larger centres
- Special transportation challenges for rural teens
- Transportation needs
- Transportation is an ongoing issue for youth in Muskoka
- Program Transportation and cost
- Affordable transportation
- Transportation

RECREATIONAL OPPORTUNITIES

- More free or affordable activities
- Lack of "things to do"
- Funding for youth programming
- There are many great youth events and groups in Muskoka, and they are doing a phenomenal job with many of our teens...in sports, music, dance, art, classes, camps, and cultural events. But, many of the teens we see, are unable to participate in these ways because of lack of funds, unstable family life, or educational limitations. They struggle on a daily basis with acceptance, peer pressure, depression, suicide ideology, addiction, and even adequate food. We certainly do not have all the answers, but together maybe we can make sure these ones do not fall through the cracks!

EMPLOYMENT OPPORTUNITIES

- Peer mentorship opportunities and also employment/preparation for life as adults

SAFE, AFFORDABLE & APPROPRIATE HOUSING

- Affordable long term housing support ... Subsidized housing
- Safe supported housing for youth in need
- Suitable long term housing is an ongoing issue for youth in Muskoka.
- Emergency housing, particular for male youth is also an issue
- Safe, affordable Youth Housing
- Homelessness supports

**What would
ADDRESS THESE
GAPS?**

AGENCY LEADERSHIP AND COLLABORATION

- **TO CONTINUE TO PROMOTE INCLUSION FOR ALL IN OUR COMMUNITY**
- **A CULTURE CHANGE:** Each agency that is funded should have accountability to deliver its programming/operations consistent with Best Practice for all populations it serves (i.e. shared care planning, integrated program development, integrated referral practices). Bringing greater awareness to harm reduction and what that approach means. Making "mental health" less scary to address (in an ideal world)
- **PARTNERSHIPS AND MENTAL HEALTH EDUCATION:** Schools partnering more with mental health agencies, FHT's NPLC's related to education/prevention. Education programs for all children (6-18yrs) re mental health. Better education for parents re challenges of teens, effective strategies to support and challenge youth.
- Solid and consistent **PARTNERSHIPS WITH GOOD SERVICE AGREEMENTS** that include regular tracking of set goals (communication, meetings etc.)
- **COLLABORATING WITH OTHER ORGANIZATIONS TO PROVIDE MORE VARIETY AND OPPORTUNITY FOR PARTICIPATION**
- **COLLABORATIVE PLANNING NETWORK WITH A COMMON VISION FOR YOUTH**

ACCESS TO RECREATION PROGRAMS

- **COMMUNITY CENTRES & SERVICES:** Community centres, church groups; daycare centres
- **IMPROVED YOUTH ACCESS TO RECREATIONAL PROGRAMS AND OPPORTUNITIES**
- **SPONSORSHIP PLACES IN EXISTING PROGRAMS** for teens who would benefit from them. **A LIST OF ALL CURRENT PROGRAMS** with cost and contacts that we could use to work together

YOUTH SHELTER

- **DROP IN FOR YOUTH / SHELTER FOR YOUTH:** Creation of a youth shelter in the District of Muskoka with outreach programs, counselling and support programs
- **YOUTH DROP IN CENTRES:** With counselling and support programs

A CENTRALIZED SYSTEM OR 'TRIAGE' SYSTEM

- To find appropriate crisis beds: More funding to allow for more beds so youth aren't sitting in inappropriate places such as an emergency room for several days. Easier access to counsellors and therapists in the community; Addiction counselling for children under the age of 16 years of age

COORDINATION & NAVIGATORS (MENTAL HEALTH , YOUTH AT RISK)

- By creating a youth hub with all youth supports under one umbrella, youth would spend less time navigating a complicated system and focus on getting the help they need. Collaboration among Muskoka Parry Sound Sexual Assault Services, FYCSM, the schools and possibly CMH (men's program) to address sexual assault issues.

TRANSPORTATION STRATEGY

- **PUBLIC SHUTTLE SERVICE AFTER SCHOOL HOURS AND/OR WEEKENDS**

HOUSING STRATEGY

- **SUBSIDIZED HOUSING**
- **DEVELOP AN ACTIVE HOUSING LIST.** (What it would take to do this I am not sure)
- **HOUSING THAT IS SAFE, AFFORDABLE AND APPROPRIATE FOR YOUTH**
- **SAFE SHELTER SPACE (2-3 ROOMS) WHERE HOMELESS YOUTH CAN BE HOUSED:** With outreach programs

PATHWAYS TO EDUCATION/TRAINING/EMPLOYMENT

- **INTERNSHIPS/MENTORSHIPS WITH CHAMBERS OF COMMERCE/BUSINESSES**
- **ONE ON ONE TEEN MENTORING**

YOUTH ENGAGEMENT IN SOLUTION BUILDING

- **A SERIES OF DIALOGUES/FOCUS GROUPS WITH YOUNG PEOPLE AT HIGH SCHOOLS, ADULT LEARNING CENTRES**
- **INFORMATION EVENTS FOR GAP PROGRAM AND ONTARIO WORKS** hosted at each school

INFORMATION PORTAL: DIRECTORY RESOURCES AND PROGRAMS

- **A COMPREHENSIVE BOOKLET OF SERVICES AND PROGRAMS AVAILABLE TO YOUTH IN MUSKOKA** To try and get families to buy into it
- **A COMMUNICATIONS COMMITTEE WITHIN MUSKOKA** would be extremely helpful to meet quarterly to make suggestions and come together as a whole.

ADDITIONAL SPECIFIC IDEAS:

- **MENTAL HEALTH WALK IN CLINIC IN GRAVENHURST**
- **TRAINED YOUTH WORKERS WHO MANAGE ONTARIO WORKS CASE LOAD FOR YOUTH UNDER 18YEARS:** These workers would have lower case loads and be able to provide more intensive support services to the specific needs of youth
- **A CLEAR PATHWAY TO DO FURTHER WORK IN THE AREA OF SEXUAL ASSAULT INTERVENTION IN OUR COMMUNITIES FOR OUR YOUTH:** Even in terms of providing supportive services utilizing a trauma informed model, which doesn't require the youth to make a disclosure

What are desired SYMPOSIUM OUTCOMES?

PLANNING AND LEADERSHIP

- **CONCRETE ACTION TO ADDRESS YOUTH ISSUES ...** to empower youth and keep them away from drugs ... Specific target areas and specific agency/community responsibilities regarding what the 'next steps' are to addressing service gaps and building upon strengths. A commitment from service providers to develop a LHIN wide action plan
- **AN OUTREACH BUSINESS PLAN MODEL FOR YOUTH SERVICES IN MUSKOKA**
- **WORKING GROUP TO DEVELOP EDUCATION SERIES FOR TEENS AND/ OR PARENTS** to be offered in Muskoka in 2013/14
- **NEXT STEPS INCLUDING A TIMELINE FOR IMPLEMENTATION OF THE RECOMMENDATIONS** from the symposium
- **A CONCERTED, PURPOSEFUL, PLAN TO WORK TOGETHER** to make sure all our youth in Muskoka have every opportunity to grow into self-sufficient young adults.
- **SEE A STRONG CONNECTION BETWEEN AGENCIES WHO ATTEND THE SYMPOSIUM AND FOR ALL TO WALK AWAY HAVING LEARNED SOMETHING ABOUT ONE ANOTHER AND WHO WE ARE ALL HERE TO SERVE.**
- **CONNECTIONS TO OTHER INITIATIVES** consideration to what is learned from the February 7th, 2013 youth event in Orillia
- **COLLABORATION AND A NEXT STEPS ACTION PLAN TO MOVE FORWARD WITH REALISTIC EXPECTATIONS/TIMELINES**
- **STRATEGIC PLAN WITH AN IMPLEMENTATION TIMELINE**
- **ONE THING THAT CAN BE IMPLEMENTED IMMEDIATELY - LIST OF PRIORITIES - PLANS FOR NEXT STEPS**

COLLABORATION/PARTNERSHIP MODEL

- **COLLABORATION AMONG ALL YOUTH SERVICE PROVIDERS ...** Youth partners meet on a quarterly basis to update and strategize; Identification of the gaps and a measurable action plan to address the gaps
- **PARTNERSHIPS AND NETWORKING** new initiatives with clear goals, tasks etc.
- **TO HAVE A "BUY IN" FROM THE SCHOOLS TO CREATE AND MAINTAIN A PARTNERSHIP WITH OUTSIDE AGENCIES**
- **IMPROVED YOUTH ACCESS TO RECREATIONAL PROGRAMS AND OPPORTUNITIES**

EDUCATIONAL PROGRAMS AND YOUTH ISSUES AWARENESS

- **INCREASED AWARENESS THAT RECOGNIZES YOUTH AS AN ASSET TO THE COMMUNITY**
- **MORE COMMUNITY INVOLVED APPROACHES TO CONNECTING WITH YOUTH - OUTSIDE OF THE SCHOOLS**
- **IDEAS AND PROVEN SUCCESSES TO ENGAGE FAMILIES**

DIRECTORY OF EXISTING SERVICES/RESOURCES

A VERY CLEAR LIST OF THE SERVICES IN OUR AREA FOR YOUTH. This list should include what they do and when they can help and contact information. I would also like to see **CHAMPION'S CHOSEN TO TAKE ON CERTAIN TASKS TO INSURE PROGRESS IS MADE.**

- **INFORMATION SHARING REGARDING YOUTH SERVICES IN MUSKOKA.**

FRAMEWORK FOR NAVIGATION SYSTEM DESIGN CLEAR PATHWAYS TO AND FROM SERVICES